



Ti-Saraṇa The Three Refuges

Buddhaṃ saraṇaṃ gacchāmi.
Dhammaṃ saraṇaṃ gacchāmi.
Saṅghaṃ saraṇaṃ gacchāmi.

I go for refuge to the Buddha.
I go for refuge to the Dhamma
I go for refuge to the Sangha.

Buddhist Pilgrimage Tour

08 Days / 07 Nights

Delhi 00 – Lucknow 00- Shravasti 01 Night – Lumbini 01 Night – Kushinagar 01 Night – Vaishali 00 - Patna 01 Night-
Rajgir 00 – Bodhgaya 02- Varanasi 00 – Extension as desired to Agra or Delhi



- ❖ **Lumbini** birthplace of the Buddha
- ❖ **BodhGaya** - the site where the Buddha attained enlightenment
- ❖ **Sarnath** -the location of the Buddha's first sermon
- ❖ **Kushinagar** -the location where the Buddha attained parinirvana

Buddhist pilgrimage is a discipline that fosters spiritual development with Buddhist practices by the pilgrims to pay respects to Lord Buddha, make offerings, chant and meditate thereby gaining spiritual immersive connectivity of mind and soul with the Divine. In Buddhism, "awakening of the soul," or enlightenment refers to achieving a state of liberation from suffering and the cycle of rebirth, marked by understanding the true nature of reality and attaining wisdom and compassion.



Illustrative Map of Buddhist Circuit



Day 01 : Delhi – Lucknow by Train – Lucknow – Shravasti *by surface* (140 kms 3 hrs approx.) **Breakfast , Lunch, Dinner**

Today Early morning we pickyou from **Delhi** (*place to be advised*) & transfer to **New Delhi Train Station** to connect Fastest Train to **Lucknow**.

Depart New Delhi by Train 12004 Shatabdi Express (Etd 0610 Hrs)

Arrive Lucknow NE Train Station (Eta 1255 Hrs)

*Air conditioned Executive Class Category “**Breakfast included**”*

On Arrival at **Lucknow NE Train Station**, we take you to have **Lunch** and then drive to **Shravasti**.

Shravasti - the capital of the ancient Kosala kingdom. This place is revered by Buddhists because 2540 years ago, the Buddha performed miracles to teach the teachers to worship the god of fire; along the way to see the Indian countryside.

On arrival check in to your hotel. Evening enjoy **dinner** at your hotel

Overnight at the hotel in Shravasti .





Day 02 : Shravasti - Lumbini (Nepal) by surface (190 kms 4-5 Hrs approx.) Breakfast, Lunch, Dinner

Today morning after breakfast. We take you to **Shravasti**, enroute visiting the famous **Sahet Mahet** - *The ancient city of Sravasti, a prosperous center of Buddhism and through the famous garden Jetavana, bought by a rich man named Anath Pindik from Crown Prince of Kosala, son of King Pasenajet to make offerings to the Buddha as a place to preach the Dharma .*

In the afternoon enjoy **Lunch**. Later we drive **Shravasti** (India) to **Lumbini** in Nepal

Lumbini is the birthplace of the Buddha, Siddhartha Gautama, and a UNESCO World Heritage site, serving as a major Buddhist pilgrimage site

On arrival check in to your hotel and relax. Evening enjoy **Dinner** at your hotel.

Overnight at the hotel in Lumbini .





Day 03 : Lumbini (Nepal) – Kushinagar (India) *by surface (130 kms 4 Hrs approx.)* **Breakfast, Lunch, Dinner**
 Today morning enjoy **breakfast** at your Hotel .

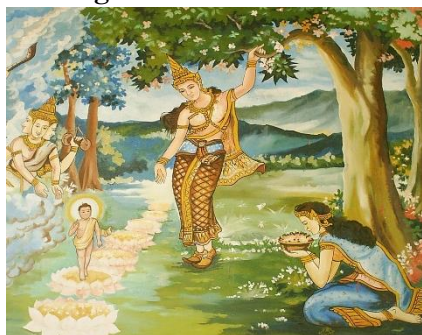
Later we take you to the tour of **Lumbini, Nepal** *located at the foot of the Himalayas, 25km east of Kapilavastu city - where Buddha lived until the age of 29. Do immigration procedures at the border gate through Nepal.*

After the tour enjoy **Lunch** & later continue your tour of Lumbini including visits to **Sacred Garden** - "*Buddha descended in Lumbini Garden*" - *Where Queen Maya gave birth to Prince Siddhartha, who in the future brings light of liberation and joy, compassion to all beings everywhere. in the three realms. Followed by* **Temple of the Maya Devi (Mayavedi Temple)** - *built nearly 2600 years ago, about 240 km from Kathmandu, the capital of the kingdom of Nepal - is the cradle of Buddhism depicting the scene of Queen Maya giving birth to Prince Siddhartha. (Buddha).*

Later we drive to **Kushinagar (India)** - *a village in Kushinagar district, Uttar Pradesh state of India, the land where Buddha spent time in Nirvana - Formerly known as Mahaparinirvana.* Here you re-enter India.

On arrival check to your hotel & relax. Later enjoy dinner at your Hotel.

Overnight at the hotel in Kushinagar.





Day 04 : Kushinagar – Vaishali – Patna by surface (245 kms 5 Hrs approx.) Breakfast , Lunch, Dinner

Today morning after breakfast we take you to visit the famous **Mahaparinirvana Temple**- where the 6-meter-long statue of Buddha is located in the position of entering nirvana . **Ramabhar Tower** - The stupa is located on the side of Ramabhar Lake, which is the place to commemorate the Buddha's body (cremation). Later enjoy **Lunch**, & afterwards we take you to **Vaishali** - where the Venerable Ananda passed away, and also where the Buddha allowed the induction of women in Sangha and 500 official palace ladies. join the ranks of ordained disciples; Vaishali is also the place where, at the age of 78, the Buddha informed his disciples that he would pass away two years later.

Next we drive to the city of **Patna** - which is capital of Indian state of Bihar and a very ancient city, on arrival check in to your Hotel & relax. In the evening enjoy **Dinner** at your Hotel.

Overnight at the hotel in Patna.





Day 05 : Patna – Rajgir – Nalanda by surface (100 kms 2 Hrs approx.) – Bodhgaya (80 Kms, 2 Hrs)
Breakfast , Lunch, Dinner

Enjoy breakfast at your hotel & later start your tour of today visiting the famous **Rajgir** - *the first capital of the ancient kingdom of Magadha - A center of Buddhist research over the centuries and also the Buddha gave his two famous sermons. "Ovada-Patimokkha Gatha" for 1,250 devotees. Gridhrakula (Spirits of the Mountain) - where the World-Honored One used to dwell to preach the Dharma while on earth; It is also the place where Buddha preached the Mahayana sutras and the Lotus Sutra (if walking) or will visit the Peace Tower by cable car Bimbinsara's Jail - where Ajatashatru's house (A-Xá The) imprisoned his father, King Bimbisara. The stone room of the venerable Moggallana, The Venerable Sāriputta and Ananda & Vishwa Shanti Stupa - built by Venerable Nichidatsun Fuji on the top of Mount Ratnagiri (cable car at your own expense)*

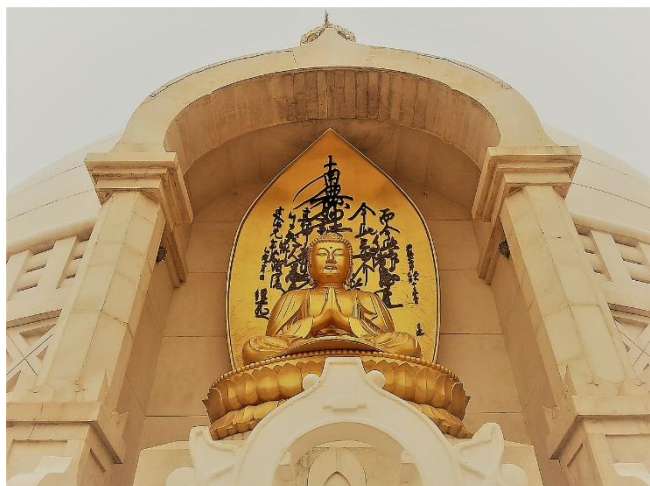
After **Lunch**, continue to visit to **Venuvana Garden** - *the garden of King Bimbisara dedicated to Buddha and monks* also the place where **Buddha** preached the **Dai Phuoc Sutra**.

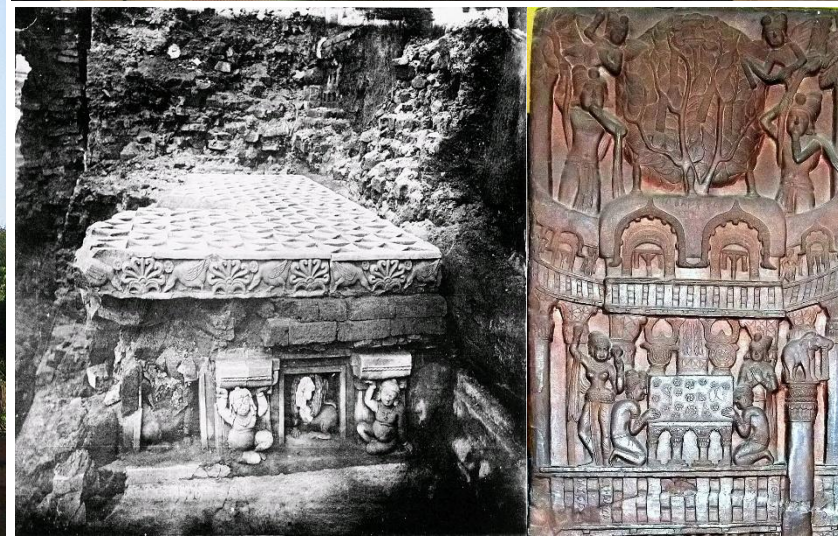
The world's first **Nalanda Buddhist University**, was built in the 5th century BC and the Buddha was the founder of Buddhism.

Later the car takes you to depart for **Bodhgaya** - *a city in Gaya district, Bihar - India - where Buddha Shakyamuni became enlightened.*

After the tour check in to your hotel & relax. Later Enjoy **Dinner** at your hotel

Overnight at the hotel in Bodhgaya





Day 06 : Bodhgaya *Breakfast , Lunch, Dinner*

Enjoy breakfast at your hotel, later we start our tour of Bodhgaya visiting the famous **Mahabodhi Temple** - *(Temple of Enlightenment) - Buddhist temple in Bodh Gaya, where Shakyamuni Buddha attained Bodhi. The sacred Bodhi tree after 49 days of meditation Buddha attained enlightenment in this place.*

In between we take you for **Lunch**. Next we visit **Niranjana River** - *where the Buddha received a bowl of milk porridge offered by Sujata and received a bunch of auspicious grass as a meditation pillow from a local farmer, before he went to the Bodhi tree to begin his meditation.* **Sujata-Kuti village** - *where Sujata offered a bowl of milk porridge to Lord Buddha*

We also visit some other temples and Pagodas here like **Vietnam Buddhist Temple, Indian MahaBodhi Mahavihara Temple at Bodhgaya , Bhutanese Monastery, Thai Temple**, as well as **The Japanese Temple**. After the tour check in to your & relax. Later in the Evening enjoy **Dinner** at your hotel .

Overnight at the hotel in Bodhgaya





Day 07 : Bodhgaya – Varanasi (255 Kms, 5 Hrs drive) *Breakfast, Lunch, Dinner*

Today morning after **breakfast**, we drive to **Varanasi** - a *Holi city located on the banks of the Ganges River*.

Enroute we visit the Famous **Sarnath** - *where the Buddha turned the first wheel of Dharma after attaining enlightenment* & **Dhamek Stupa** - *a massive stupa located in Deer Park at Sarnath. It is one of the eight most important pilgrimage sites of Buddhism.*

In between enjoy your **Lunch**. Later we continue to visit - **Sarnath Museum - The Archaeological Museum** - *which exhibits the Buddhist Cultural wealth, recovered from the site of Lord Buddha's first sermon at deer park Mrigadava in Sarnath. (Sarnath Museum is closed on Friday)*

After the tour check in to your hotel. Later enjoy **Dinner** at your hotel .

Overnight at the hotel in Varanasi .





Day 08 : Varanasi – Delhi *Breakfast*

Today early morning enjoy the tour of **Ganges River** - *considered as the sacred mother's milk. This is one of the indispensable pilgrimage sites in Varanasi, where Hindus often gather to pray and purify worldly defilement and watch the sunrise, release prayer lamps, learn about the custom of cremation by the riverside*

Later return to your hotel & enjoy **breakfast** afterwards you can check out from your hotel (*check out time 1100 Hrs*) .

Later we transfer to **Airport** in Varanasi to connect Flight for your onward destination

****Tour ends****

Accommodation considered in the Package			
City	Hotel	Nights	Room Category
Sravasti	Hotel Platinum / Hotel Pawan / Hotel Residency	1	Normal
Lumbini	Hotel Nirwana / Hotel Dreamland	1	Normal
Kushinagar	Hotel Royal Residency/ Hotel Imperial	1	Normal
Patna	Patliputra Continental	1	Normal
Bodhgaya	Hotel Oaks Bodhgaya/ Hotel Imperial	2	Normal
Varanasi	Hotel Amaya/ Hotel Ramada	1	Normal
Total = 07 Nights			

<u>Validity: Rates Valid from 01 April'2025 to 31 March'2026</u> <u>8 Days / 7 Nights Package:</u> Per Person Cost in US Dollars based on above Hotels “or Similar”		
Number of Persons Travelling	Land Package cost on sharing Half Twin basis	Single Supplement cost (to be added to Half Twin in order to make Single Occupancy Room)
10 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1275 Per Person.	(+) USD 375 Per Person
12 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1210 Per Person.	(+) USD 375 Per Person
15 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1100 Per Person.	(+) USD 375 Per Person
18 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1075 Per Person.	(+) USD 375 Per Person

Validity: Rates Valid from 01 April'2026 to 31 March'2027

8 Days / 7 Nights Package:

Per Person Cost in US Dollars based on above Hotels “or Similar”

Number of Persons Travelling	Land Package cost on sharing Half Twin basis	Single Supplement cost (to be added to Half Twin in order to make Single Occupancy Room)
10 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1480 Per Person.	(+) USD 441 Per Person
12 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1395 Per Person.	(+) USD 441 Per Person
15 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1270 Per Person.	(+) USD 441 Per Person
18 Persons travelling together on Sharing Basis + 01 Tour Leader will be Free	Half Twin @ USD 1240 Per Person.	(+) USD 441 Per Person

Cost Included:

- 07 Nights hotel accommodation on Double or Twin sharing on **Full board** (*All Three Meals on daily basis*) as per the itinerary.
- Air-conditioned Tempo Traveler or Mini Bus throughout the tour “*travelling together on sharing basis*” as per the itinerary.
- Delhi to Lucknow Train Tickets in Airconditioned Executive Class by Shatabdi Express or Vande Bharat (*whichever is available*)
- Accompanied Tour Guide cum Escort as per the Itinerary.
- Monuments Entrance tickets as per Itinerary.
- Boat ride in Varanasi Ganges on sharing basis
- **01 Tour Leader will be Free for Group Size for minimum 10 Paying Persons upto 18 Paying Persons as stated above.**
- Rates not valid during Fair / Festival / Christmas / New Year Period or any Buddhist Festival dates
- One bottle of mineral water per day per person.
- All current applicable taxes of Hotels & Transport as per the itinerary.

Cost Does not Include:

- Any domestic and International Airfare, Airport Departure Tax, Insurance, etc.
- Any personal nature items like drinks, laundry, telephone calls, insurance, camera fees, excess baggage, emergency / medical costs, etc;
- Tips to Guide and Driver;
- Visa fees for India & Nepal
- Porterage at the airport and hotels;
- Any other item not included in our cost includes a heading

